



Sandra "Sandy" Lou Aldridge

September 5, 1948 - February 20, 2024

Sandra "Sandy" Lou Aldridge, age 75, of the Union Chapel community of Union Grove, Alabama passed away at Huntsville Hospital on Sunday, February 18, 2024. She was born September 5, 1948 in Madison County, AL. She was the daughter of Frank Fulton Aldridge and Adelle Payne Aldridge. Sandy has been a resident of the Arab/UnionGrove area since 1964 after spending her childhood in Dayton, Ohio. She was an Arab High School graduate, class of 1966, and continued her education by earning an associate's degree. Sandy qualified for the United States 1968 Olympic women's diving team, but decided to retire her diving career, get married and raise a family. She then chose to serve her country by enlisting in the United States Naval Reserve. After the military commitment, she continued her military affiliation by becoming a member of the American Legion Auxiliary Unit 8 in Guntersville, AL. She was employed by and retired from Chrysler Corporation.

Sandy was definitely a people person. Family and friends were the most important things in her life. She made friends easily, had a contagious smile, and loved everyone. In Sandy's early life she enjoyed horseback riding, gymnastics, dance, and especially diving. Later as an adult, she enjoyed golf, bowling, billiards, and darts, where she started soft tip dart tournaments in Marshall county.

Family members Sandy leaves behind to cherish their memories include: her brother, Robert Aldridge, fiancé, Neal Heflin; son, Bobby Jones; daughter, Missy Lake; grandchildren, Adam Lake, Grant Lake (Laci), Clay Jones and Alyssa Jones; and 1 great granddaughter on the way, Leola Lake.

Preceding Sandy in death were her parents, Frank and Adelle Aldridge.

A visitation time for Sandy will be on Friday, February 23, 2024 at Arab Memorial Chapel between the hours of 6:00 p.m. and 8:00 p.m. The funeral service will be on Saturday, February 24, 2025 at 11:00 a.m. also at Arab Memorial Chapel. Conducting services will be her son, Bobby Jones and grandson, Grant Lake. Pallbearers escorting Sandy to her final resting place in Diamond Cemetery will be Adam Lake, Grant Lake, Clay Jones, Mitch Jackson, Chris Scott, and Gerald Heflin. Honorary Pallbearers are Mike Thomes, Fred Bryant, Randy Lands, Tim Lang, Beaver Potterfield, Doug Bell, Buck Buchanan, Chip Pollard, Melvin White, and all of the Marshall County Dart family.

Arab Heritage Memorial Chapel, directing

Cemetery Details

Diamond Cemetery (Marshall County)

Warrenton Road
Guntersville, AL 35976

Previous Events

Visitation

FEB 23. 6:00 PM - 8:00 PM (CT)

Arab Heritage Memorial Chapel
1340 North Main Street
Arab, AL 35016
(256) 586-4100

Funeral Service

FEB 24. 11:00 AM (CT)

Arab Heritage Memorial Chapel
1340 North Main Street
Arab, AL 35016
(256) 586-4100

Tribute Wall

SN

“ *The many days we stayed by her pool and laughed all day long!!!! I miss you Sandy so much it hurts !!! Love you forever!!!!*

Susan C Norgiel - February 27, 2024 at 04:39 PM

FP

“ *So sorry to hear about sandy i loved her so much we had so many good times together here and in Vegas just lost touch over the years she was truly one of a kind my heart goes out to the family god got a really great angle*

faye parks - February 25, 2024 at 10:36 PM



“ *58 files added to the album Life Tributes*



Arab Heritage Memorial Chapel - February 24, 2024 at 11:05 AM

JM

“ *Jan Malone lit a candle in memory of Sandra "Sandy" Lou Aldridge*



Jan Malone - February 22, 2024 at 09:00 PM

VF

“ *Vicky Adams (nana) and Family purchased the Simply Elegant Spathiphyllum for the family of Sandra "Sandy" Lou Aldridge.*



Vicky Adams (nana) and Family - February 22, 2024 at 08:16 PM



“ *Peaceful White Lilies Basket was purchased for the family of Sandra "Sandy" Lou Aldridge.*



February 22, 2024 at 07:03 PM

TF

“ *The Mitchell family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sandra "Sandy" Lou Aldridge.*

The Mitchell family - February 22, 2024 at 07:03 PM

LS

“ Larry and Carol Snead purchased the Medium Dish Garden for the family of Sandra "Sandy" Lou Aldridge.



Larry and Carol Snead - February 22, 2024 at 03:39 PM

SY

“ Sandys Roadhouse Mr. & Mrs. Sandy Young purchased the Beautiful Heart Bouquet for the family of Sandra "Sandy" Lou Aldridge.



Sandys Roadhouse Mr. & Mrs. Sandy Young - February 22, 2024 at 12:09 PM

AK

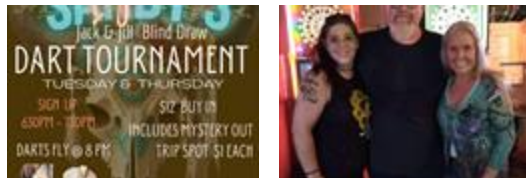
“ Amy Kelly lit a candle in memory of Sandra "Sandy" Lou Aldridge



Amy Kelly - February 22, 2024 at 11:26 AM

 Pam Walden

“ 2 files added to the tribute wall



Pam Walden - February 21, 2024 at 11:49 PM

AR

“ Amanda Robinett lit a candle in memory of Sandra "Sandy" Lou Aldridge



Amanda Robinett - February 21, 2024 at 09:53 PM

DL

“ Dianna sperry lee purchased the Divine Peace Bouquet for the family of Sandra "Sandy" Lou Aldridge.



Dianna sperry lee - February 21, 2024 at 12:28 PM

DL

“ Dianna sperry lee planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sandra "Sandy" Lou Aldridge.

Dianna sperry lee - February 21, 2024 at 12:28 PM